

## Here for you, Kentucky





# Get the care you need, when you need it

#### Wide choice of doctors and specialists

See if your current doctor is in our network or choose a new one.

### **Hospital care**

All expenses related to a hospital stay are covered at no cost.

## **Prescription drugs**

Prescriptions and over-the-counter (OTC) medicines are covered.

#### Immunizations and vaccines

Routine shots to help protect against illness.

## Vision exams and eyeglasses

Routine eye exams every calendar year. Lenses, frames and repairs are covered for those younger than 21.

### **Doctor Chat**

Talk with a doctor online 24/7 for non-emergency care.

#### **NurseLine**

Talk with a registered nurse 24 hours a day, seven days a week with NurseLine.

## **Transportation**

Get rides to and from your doctor visits.

#### Mental health services

Free 24/7 mental health hotline with licensed clinicians.



# Moms and kids get even more

## **Healthy First Steps®**

Rewards program and extra support to help you and your baby stay healthy.

## **Text4baby**

Receive text messages on pregnancy and care during phases of development.

#### **Prenatal visits**

Care for you before and after your baby is born, at no cost to you.

## **Community Baby Showers**

Get free gifts for attending.

#### **Dental** care

Get routine exams, commonly used X-rays and fluoride treatments.



# Get tools for a healthy lifestyle

Our health and wellness programs help support your efforts.

#### **Well visits**

Annual checkups to help keep you healthy.

#### **Member Advocates**

Local assistance to help plan your care.

## Quitting tobacco

Free programs to help you stop smoking.

## Personal care managers

Get help with dressing, bathing and feeding, if needed.

UnitedHealthcare Community Plan



#### **Member Rewards**

Get rewards, including gift cards, for health screenings and appointments.

#### **Care coordination**

Helps members meet individual health goals.

### Languages

Free interpreter services in more than 175 languages.

## Quality and member access committee meetings

Attendees receive a \$50 gift card, transportation and a free meal.

#### **Health Talk**

Member newsletter with topics like asthma, diabetes, high blood pressure and healthy living.

## Social services support

Access to housing navigator, transportation coordinator and member advocate for those who qualify.

Kentucky Medicaid members also have access to these services through other state-sponsored programs:

- Non-emergency transportation
- Long-term support services

## **Get connected**

We make it easy to get the information you want and need.



Our secure member website allows members to see covered benefits, search for providers, view your member handbook, complete a health assessment, search the preferred drug list and much more.



The UnitedHealthcare app is designed for people on the go. It includes many of the same features as the member website. Find it at the App Store or Google Play™.



Follow us on Facebook at facebook.com/UnitedHealthcare CommunityPlan. Find fun, useful and interesting information for you and your family.



## Choose more. Choose UnitedHealthcare.

Get the care and benefits you deserve.

Call **1-866-293-1796**, TTY **711**, Monday – Friday, 7 a.m. – 7 p.m. ET Or visit **UHCCommunityPlan.com/KY** 

