\*This list of types of eating disorders is taken from the [**National Eating Disorders Association’**](https://www.nationaleatingdisorders.org/)s webpage and ***is not*** intended to be used for diagnoses of an eating disorder, nor does it illustrate the full spectrum of disordered eating.

If you suspect someone you care about is struggling with symptoms of an eating disorder, please visit for [**ways to help**](https://www.nationaleatingdisorders.org/how-do-i-help)**.** You can also call or text (800) 931-2237.