









You have a choice when it comes to Medicaid

We provide benefits with you in mind

Everyone's health is different, so we ensure our benefits and services fit you and your family. You will receive healthcare like doctor visits and prescriptions from providers across Kentucky — plus free extras, such as:

- **Eyeglasses (lens and frames) or a \$50 credit for contact lenses** each year, for members 21 and up.
- **Lifeline Smartphone with unlimited texts and up to 1,000 monthly minutes.** 
- **No-cost laptop.**
- **Medically tailored meals** delivered to your home (one delivery of 14 meals).
- **Reward dollars** that can be redeemed in the form of gift cards from stores such as Amazon, Home Depot, and Barnes & Noble. Healthy Rewards allows you to earn rewards just for going to checkups and health screenings.
- **The New Baby, New You prenatal program, which includes:**
 - **Healthy Rewards** for going to prenatal and postpartum checkups on time. 
 - **No-cost crib or car seat** after completing six prenatal visits.
 - **Books for babies.**
 - **Mail-order diapers** (one pack of 200 diapers). 
 - **Breastfeeding support kit.**
 - **Sleep Safe kit.**
- **Fresh fruits and veggies program.** 
- **Boys & Girls Club membership.**
- **Sports physicals** for kids in after-school sports.
- **Up to \$600 for transportation** to work, school, COVID-19 vaccine appointment(s), or local community services.

- **Medication-assisted treatment for opioid use disorder**, with no prior authorization needed.
- **Up to \$500 in assistance toward application fees** for criminal record expungement and certification fees.
- **WW[®] membership voucher** (formerly called Weight Watchers).
- **Online Wellbeing program.**
- **Fitness Coach program**, with exercise classes and nutrition resources. 
- **General Education Development (GED) test vouchers.**
- **Jump Start program** to receive education and job-seeking support. 
- **Over the counter (OTC) drugs** without a prescription.
- **Family activity coupon book.** 
- **Smoking distraction kit.**
- **Healthy Lifestyle Aids.** Members can choose from a digital scale, home blood pressure cuff, hearing aid batteries (sizes 10, 13, 312, or 675), peak flow meter, lumbar pillow, personal fan, or non-slip socks.
- **Caregiver Toolkit**, which includes an organizational notebook and other helpful items.
- **Substance Use Disorder (SUD) Recovery Support program.**
- **Medicine Safety Kit.** 
- **ChooseHealthy program** with over 1,000 resource materials including videos, articles, and self-care tools to promote a healthy lifestyle.

Learn more about all the benefits Anthem Medicaid has to offer you.
 Visit [anthem.com/kymedicaid](https://www.anthem.com/kymedicaid).

Choosing the right plan is important. Anthem Medicaid gives you the care you need. If you are assigned to a different plan, you can switch today. **To join Anthem Medicaid, you can:**

- Visit kynect benefits at benefind.ky.gov.
- Call the Department for Community Based Services (DCBS) at **855-306-8959** 8 a.m.-5 p.m. Monday through Friday Eastern time.

If you are already an Anthem Medicaid member, there is nothing you need to do to keep your benefits.

