



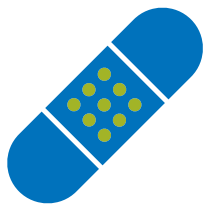
2- to 18-year-olds

# Immunizations, or shots, for 2- to 18-year-olds

The older kids get, the busier they are. If you struggle to keep up with your family's activities and primary care provider (PCP) visits, you're not alone. That's why we're here to help you stay on top of routine immunizations, or "shots."

**Whether you have younger kids or older ones, vaccines, also called immunizations or shots, can help keep them feeling healthy and well.**

From toddlers to tweens to teens, there are shots kids need as they grow. For older kids, some shots that kept them from getting sick when they were little may start to wear off. Getting booster shots, or extra doses of shots, can help.



The immunization chart on the back of this flier shows which shots most PCPs recommend and at what age. You might find it helpful to keep the immunization chart on your fridge or bulletin board to help you keep track.

**If you're not sure if your child's vaccines are up-to-date,**



call their PCP. If you don't know the name of your child's PCP, or would like help making an appointment or getting a ride, let us know. Call Member Services at 1-855-690-7784 (TTY 711). We're here to help you from 7 a.m. to 7 p.m. Eastern time Monday through Friday, except holidays.

Name of PCP:

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PCP phone number:

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Next appointment date and time:

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# Immunization chart: 2 to 18 years

Immunization due	2 to 3 years	4 to 6 years	7 to 10 years	11 to 12 years	13 to 18 years
<b>DTaP</b> (Diphtheria, tetanus, pertussis)		<input type="checkbox"/> 1 dose			
<b>IPV</b> (Polio)		<input type="checkbox"/> 1 dose			
<b>Influenza</b>	Given each fall or winter 2 to 18 years				
<b>MMR</b> (Measles, mumps, rubella)		<input type="checkbox"/> 1 dose			
<b>Varicella</b> (Chickenpox)		<input type="checkbox"/> 1 dose			
<b>MCV4</b> (Meningococcal)				<input type="checkbox"/> 1 dose	<input type="checkbox"/> Booster at 16 years
<b>Tdap</b> (Tetanus, diphtheria, and acellular pertussis)				<input type="checkbox"/> 1 dose	
<b>HPV</b> (Human papillomavirus) For all genders				<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 2-3 doses 9 to 18 years*	

Sources: [www.cdc.gov](http://www.cdc.gov), [www.aap.org](http://www.aap.org), [www.aafp.org](http://www.aafp.org)

*\*The Centers for Disease Control and Prevention (CDC) recommends **11- and 12-year-olds of all genders** get two doses of the HPV vaccine to protect against cancers caused by HPV. The first dose can be given as early as age 9. If both doses are given between 9 and 14, only two doses are needed. If the first dose is given at or after age 15, a third dose may be needed.*

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