

If you or a loved one is interested in learning more about treatment at New Vista Recovery Services for Women call our 24-Hour Helpline at 1.800.928.8000.

For residential treatment services call 859.972.1050.



Overdose is often fatal because people are unaware of the risks or what to do when one occurs. Risk factors include mixing different drugs and alcohol together, using drugs that are stronger or are not familiar with, tolerance changes and using alone. If you think someone is overdosing, call 911, give rescue breathing and nalcron if you have it. Never leave the person alone. Fatal overdose can be prevented, every life is worth saving and it is never too late to ask for help.



www.newvista.org

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Experience community-based treatment for pregnant women and mothers with substance use disorder at New Vista Recovery Services for Women.

New Vista Recovery Services for Women is a nonprofit organization working with pregnant women and mothers to achieve recovery from substance use. We collaborate with hospitals, physicians, social services and community agencies to help women receive the treatment they need. Our goal is to ensure all women and their families receive treatment for addiction with as few delays as possible. We used evidence-based practices and a person-centered approach.

Center for Women and Children

Residential treatment is provided in a non-judgmental environment free of distractions from everyday life. Treatment plans center around the specific needs of each client.

- Our 12-bed facility focuses on the overall health of the mother and child coordinating OB/GYN and pediatric care along with nurturing parenting classes.
- Women can bring children up to age 2 with them to residential treatment. Our goal is to help families thrive through recovery. We work with DCBS for mothers who have an open-case plan.
- Individual and group counseling builds skills to thrive in recovery as well as addressing trauma, depression, anxiety and other mental health concerns.
- Peer support specialist work with and support clients as well as case managers who help with financial benefits and other needs.
- Through daily schedules, women develop healthy habits necessary to be successful. We offer transitional housing with continuing treatment to help mothers get back into the community.

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Our Services Provide Treatment at Every Step Along the Journey to Recovery

Person Centered Treatment is the core of all services. We work with women to determine treatment based on the needs of the individual.

Peer Support mentors clients and promotes hope and empowerment. A peer support specialist has experienced the same situation as women in treatment and achieved recovery. With understanding and respect for the client, peer support assists with decision making in the delivery of treatment.

Case Management assists women with meeting employment and education goals. Case Managers provide advocacy services on behalf of clients and aid clients in finding services and support they need to create the best outcome for themselves and their babies.

Therapy offers counseling, treatment planning and assessment services. Individualized, group, and skill building therapy addresses the health of the whole person and focuses on attachment and bonding with child.

Medication Assisted Recovery works with women to stabilize their lives with the use of medication, typically Methadone and Buprenorphine, also known as Suboxone. Since 1975, we have provided successful comprehensive therapy and medication treatment for opioid and heroin use.

Intensive Outpatient Program (IOP) centers around group therapy that meets 3 times per week for 3 hours for a total of 6 weeks. This treatment continues to support each woman with skill building, relapse prevention and coping strategies for everyday stress triggers.

Psychiatry gives women access to highly trained physicians specializing in mental health and substance use treatment. Psychiatrists ensure addiction treatment and related mental and physical health issues are addressed to maintain overall good health.

