

MOUNTAIN provides school based services within schools throughout Kentucky. Our service providers help children and youths resolve current problems and provide tools to cope with life challenges later on.

Parents are encouraged to keep in contact via phone or by scheduling office visits to monitor progress and discuss treatment objectives/goals.

SERVICES

Individual Services
Targeted Case Management
Summer Fun Camp
Psychiatric Evaluation
Risk Assessment

SERVICES MAY HELP YOU TO...

- Feel better about yourself, your abilities, and your future
- Reduce stress, anger, sadness, or anxiety
- Work through problems with a skilled and compassionate professional
- Identify your goals and ways to achieve them
- Learn new behaviors and/or responses which can help achieve your goals
- Learn positive ways to deal with stressful or upsetting situations and/or events
- Better understand your own thoughts, feelings, and responses
- Learn to discuss your feelings and deal with them more effectively
- Gain control of emotions

REFERRAL PROCESS

Students may be referred for services by self, teachers, parents, doctors, or Family Resource Centers.

Please contact the nearest MCCC Outpatient Clinic or school officials to inquire about the school based services referral process.

School Based Services



The School Based Services Program serves as a model for linking school systems with comprehensive behavioral health services. The unique collaboration between the school and the behavioral health provider forms the foundation for providing a wide range of services to children and families who are seeking assistance with difficulties in their lives.

We work with elementary, middle, and high school-aged children whose struggles with life's challenges impair their relationships, schoolwork, self-esteem, and general well being. These life challenges may include:

Divorce
Loss of a loved one
Depression-Anxiety
Familial Mental Illness
Familial Substance Abuse
Abuse and/or Neglect
Difficulty dealing with change
Peer Conflicts

MOUNTAIN
COMPREHENSIVE CARE CENTER
www.mtcomp.org



104 South Front Ave. | Prestonsburg, KY
Administrative Offices: 606-886-8572

SCHOOL BASED SERVICES

Providing quality behavioral health care that offers
Recovery & Hope



MOUNTAIN
COMPREHENSIVE CARE CENTER
www.mtcomp.org

24 HOUR HELPLINE: 1-800-422-1060





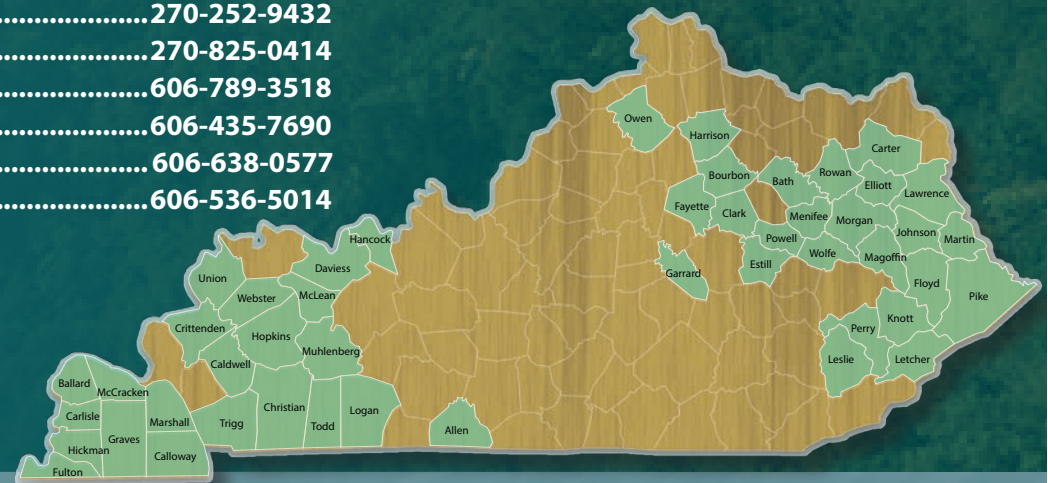
FOR MORE INFORMATION, PLEASE CALL THE NUMBER BELOW FOR YOUR COUNTY

Allen County.....270-887-8800
 Ballard County270-252-9432
 Bath County606-336-5093
 Bourbon County859-447-8217
 Caldwell County.....270-365-7684
 Calloway County270-252-9432
 Carlisle County.....270-252-9432
 Carter County.....606-475-0031
 Christian County.....270-887-8800
 Clark County.....859-737-2900
 Crittenden County270-365-7684
 Daviess County270-683-8248
 Elliott County606-475-0031
 Estill County606-663-3336
 Fayette County.....859-447-8217
 Floyd County606-886-4350
 Fulton County270-252-9432
 Garrard County859-575-1692
 Graves County.....270-252-9432
 Hancock County.....270-683-8248
 Harrison County.....859-298-2156
 Hickman County270-252-9432
 Hopkins County270-825-0414
 Johnson County606-789-3518
 Knott County.....606-435-7690
 Lawrence County606-638-0577
 Leslie County.....606-536-5014

Letcher County.....606-536-5014
 Logan County.....270-887-8800
 Magoffin County606-349-3115
 Marshall County.....270-252-9432
 Martin County606-298-7902
 McCracken County.....270-252-9432
 McLean County270-825-0414
 Menifee County606-336-5093
 Morgan County606-743-4184
 Muhlenberg County270-825-0414
 Owen County *For info: 606-886-8572*
 Perry County606-439-5888
 Pike County606-432-3143
 Pike County (Belfry).....606-353-1287
 Powell County606-663-3336
 Rowan County.....606-784-4800
 Todd County270-887-8800
 Trigg County.....270-887-8800
 Union County270-825-0414
 Webster County270-825-0414
 Wolfe County.....606-668-7796

WARNING SIGNS THAT A CHILD IS HAVING DIFFICULTIES

- Changes in school performance, such as dropping grades, missed homework, and/or skipping school
- Excessive worry or anxiety
- Loss of interest in usual activities
- Change in sleeping habits or frequent nightmares
- Mood changes, including temper tantrums, depression, anger, and aggression
- Dangerous and/or illegal behavior, including:
 - Use of alcohol, cigarettes, or drugs
 - Vandalism
 - Theft
 - Fighting



Mountain Comprehensive Care Center offers quality behavioral health care throughout Kentucky. Our employees contribute to recovery and hope offered through our many programs, and thousands of participants benefit from our services each year. Our hope is to provide the best and most accessible care possible - helping our clients identify opportunities for improvement in their lives and take the steps necessary to meet those challenges with success.